

# Research-Based Interventions to Improve Comprehension for Students with Reading Difficulties in the Inclusive Classroom

---

Richard T. Boon, Ph.D.

Professor of Special Education

Department of Interdisciplinary Learning and Teaching

College of Education and Human Development

*The University of Texas at San Antonio*

## *Statement of the Problem*

- Students with reading difficulties often have difficulty meeting the curriculum demands in content area classes (Boon et al., 2020).
- Commonly exhibit difficulties with reading (Boon & Spencer, 2010, 2013).
- Perform below their typically achieving peers in all areas on national achievement tests (National Assessment of Educational Progress, 2019).
- Lack the adequate academic skills to read on grade level and have not developed sufficient skills to compensate for such deficits (Mastropieri et al., 2003).
- Difficulty with reading comprehension, especially with identifying the main ideas and supporting details from the textbook (Jitendra et al., 2000).
- Finally, students with mild disabilities often have insufficient prior knowledge skills and lack specific strategy instruction abilities to for academic success (Antoniou & Souvignier, 2007).

## *National Assessment of Educational Progress (NAEP, 2019)*

- The National Assessment of Educational Progress (NAEP) is “a continuing and nationally representative measure of trends in academic achievement of U.S. elementary and secondary students in various subjects. It is the largest continuing and nationally representative assessment of what our nation's students know and can do in select subjects. It was first administered in 1969 to measure student achievement nationally. Teachers, principals, parents, policymakers, and researchers all use NAEP results to assess progress and develop ways to improve education in the United States.” ([https://www.nationsreportcard.gov/focus\\_on\\_naep/](https://www.nationsreportcard.gov/focus_on_naep/))

### **Reading** (*At or Above Proficient Level*)

- Grade 4 **39%**; 8 **37%**; 12 **40%** (Typically Achieving)
- Grade 4 **12%**; 8 **9%**; 12 **13%** (Disabilities)

## *Before Reading*

- Teach students how to activate their background knowledge in connection with the topic to be read.

---

- Students better understand, think about, and retain new information when they are familiar with or taught background knowledge of a topic before reading.
- Activate prior knowledge by previewing text before reading:
  - Use specific strategies to activate prior knowledge, such as previewing headings or key concepts, or making a prediction and confirmation chart.
  - Prepare and guide previewing activities to support and focus the connections students make.
  - Use graphic organizers to introduce important information, solicit prior knowledge from students, and make predictions.

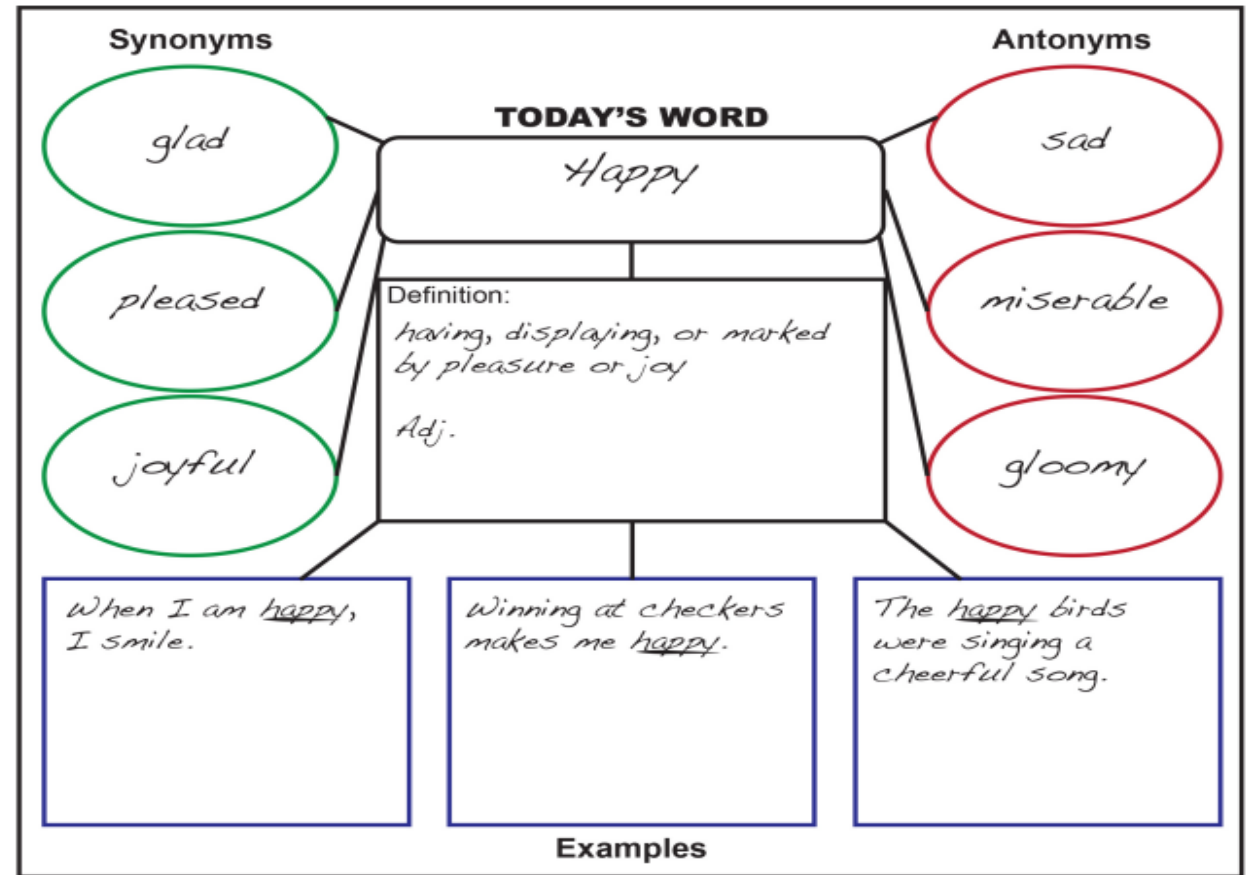
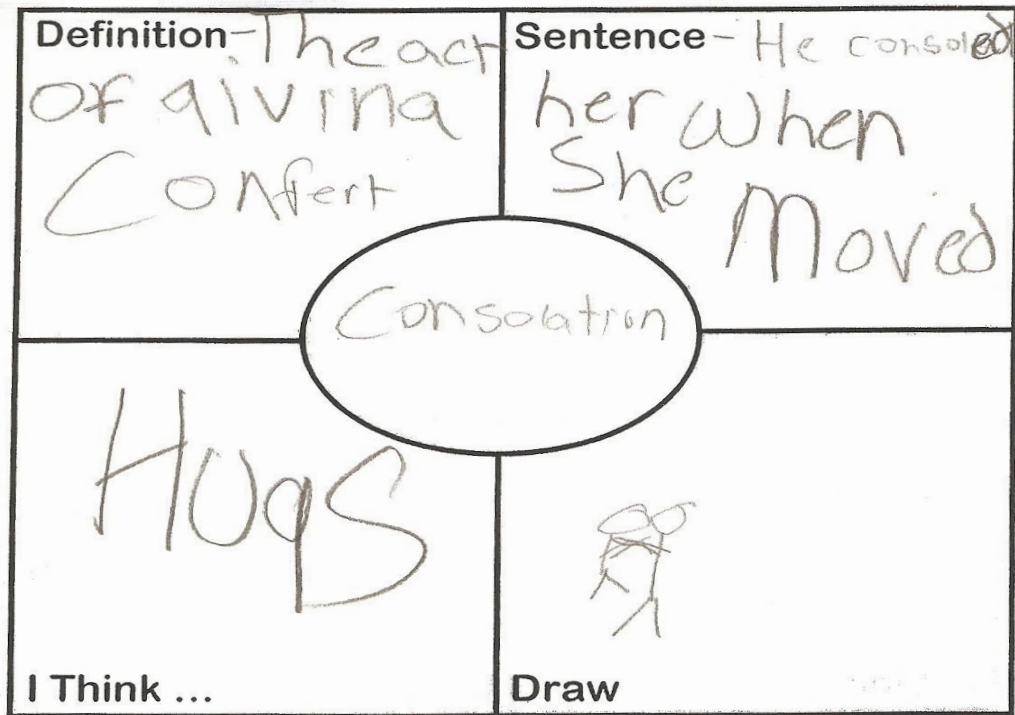
## *Previewing & Skimming (Scanning) Strategy*

- 1) Read the title.
- 2) Read the introduction.

---

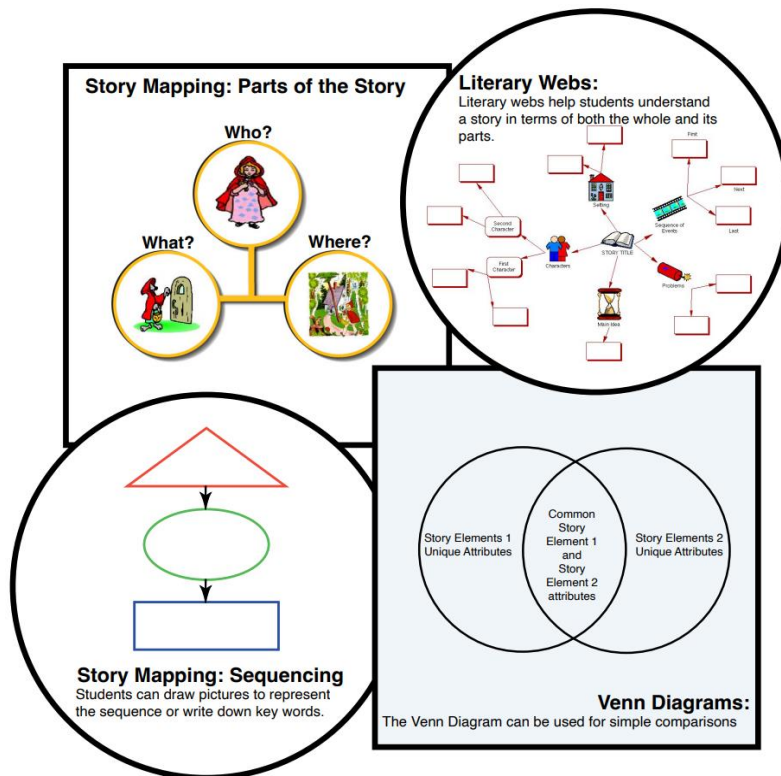
- 3) Read each boldface heading (subheadings) and underline or highlight the first sentence under each heading (This first sentence often provides the main idea for the section.)
- 4) Look at all of the pictures, including graphs and charts, and read their captions.
- 5) Read the conclusion.
- 6) Read the comprehension questions at the end of the chapter to find out what the authors consider most important in the chapter.
- 7) Now that you have a good idea of your purposes and learning goals for the chapter, you should write down what you learned about the purposes and goals of this chapter before you start actively reading it.

# Explicitly Teach Key Specialized Vocabulary (Frayer Diagram Model)



# During Reading

- Use graphic organizers which are visual representations that help students identify, organize, and remember important ideas from what they read.
- Adapt graphic organizers to text type (e.g., story grammar map for literary text; Venn diagram for compare/contrast informational text).



Title: \_\_\_\_\_

Time/Place: \_\_\_\_\_

Who/What: \_\_\_\_\_

Problem/Goal: \_\_\_\_\_

Solution/Ending: \_\_\_\_\_

Main Idea: \_\_\_\_\_

-  **1** What was the **Title** of the story? \_\_\_\_\_
-  **2** Who was the **Main Character** of the story? (Who was the story mostly about?) \_\_\_\_\_
-  **3** What was the **Setting** of the story? (Where did the story take place?) \_\_\_\_\_
-  **4** What was the **Time** of the story? (When did the story take place?) \_\_\_\_\_
-  **5** What was the **Problem** of the story? (What happened in the story?) \_\_\_\_\_
-  **6** What was the **Solution**? (How did the problem get solved?) \_\_\_\_\_
-  **7** What was the **Outcome**? (So, how did the story end?) \_\_\_\_\_
-  **8** What was your **Reaction** to the story? (How do you feel about the story?) \_\_\_\_\_
-  **9** What was the **Theme** or main idea of the story? (What lesson did you learn from the story?) \_\_\_\_\_

## *After Reading*

- Teach students how to use self-questioning strategies to reflect on what they have read.
- 
- Explicitly teach students to summarize the main ideas of what they read.

Example (from PALS – Peer Assisted Learning Strategies Peer Tutoring program):

- Who or what is the passage about?
  - What is happening to the who or what?
  - In 10 words or less, provide a summary of the passage.
- 
- Teach students to summarize small amounts of text such as a short paragraph before summarizing longer sections (Kosanovich, 2013).



## *What is a Meta-Analysis?*

- Review of many studies on a particular strategy (Berkeley et al., 2009; Forness, 2001; Forness et al., 1997; Kavole, 2001)

---

- Indicates **effectiveness or ineffectiveness** of a teaching strategy
- Derives a numerical indicator of effectiveness
- Averaged across studies
- Indicator known as an **Effect Size** (ES)
- Allows for comparison of approaches
- Effective intervention is greater than ( **$d = 0.25$** )

## *Basic Skills Training and Reinforcement* (Mean ES $d = 0.62$ )

*Lowest of 3 interventions. Lower teacher time & effort!*

---

- Vocabulary Instruction  $d = 0.60$
- Corrective feedback  $d = 0.33$
- Repeated readings  $d = 0.81$
- Direct instruction  $d = 0.81$

## *Text Enhancements* (Mean ES $d = 0.92$ )

*Increased teacher time, but learn more than skill training & reinforcement!*

---

• Illustrations ( <i>overall</i> )	$d = 0.74$
• Representational Illustrations	$d = -0.01$
• Imagery	$d = 0.30$
• Spatial organizations	$d = 1.00$
• Mnemonic illustrations	$d = 1.28$
• Adjunct aids	$d = 1.09$
highlighting	$d = 1.34$
semantic feature charts	$d = 0.73$
computers	$d = 1.22$

## *Self-Questioning Strategies* (Mean ES $d = 1.33$ )

*Increased teacher time, but greatest results!*

---

- Peer-tutoring/Cooperative learning  $d = 0.58$
- Activating prior knowledge  $d = 0.84$
- Summarization & main idea  $d = 1.19$
- Summarization training plus  
self-monitoring attribution,  
training packages  $d = 1.48$
- Text-structure based strategies  $d = 2.92$

Self-questioning comprehension monitoring and questioning, activating prior knowledge, attribution questioning, summarization, and prediction.

---

Basic Skills Instruction (Mean ES  $d = 0.62$ )

Text Enhancement (Mean ES  $d = 0.92$ )

Self-Questioning (Mean ES  $d = 1.33$ )

# *Direct Instruction*

- Explicit, skill-based, teacher-directed (Carnine et al., 1990)
  - Scripted teacher presentations
- 
- Corrective reading (Lloyd et al., 1980)
    - Secondary/HS
    - High interest materials
    - Controlled vocabulary
    - Extremely structured & well-scripted
  - Reading Mastery (Polloway et al., 1986)
    - Elementary students
    - Level I, II, & III
    - Controlled vocabulary
    - Well-structured & scripted
  - DISTAR (Stein & Goldman, 1980)

\*Components: structure, clarity, redundancy, task sequencing, feedback!

## *Repeated Reading*

- Re-read passages or stories
- 
- Increase fluency, accuracy, comprehension, & story retelling
  - Theory of Automaticity (greater fluency) (LaBerge & Samuels, 1974; Samuels, 1979)
  - Effects of repeated reading on new material
  - Positive effects with shared words from previous passages (Rashotte & Torgesen, 1985)
  - Monitor motivation!

# *Illustrations*

Pictures that represent characters, events, places and action in texts

---

Four categories:

1. Representational illustrations (pictures in text)
2. Imagery (mental image of events)
3. Spatial organizers (graphic organizers)
4. Mnemonics (memory & key vocabulary)



## *Representational Illustrations*

- Pictures in accompanying text
- 
- May be distractive (T.L. Rose, 1986)
  - Attention difficulties (Hallahan & Reeve, 1980)
  - Yielded less than optimal results (Harber, 1983)
  - Lowest effect size (-.01) (Mastropieri et al., 1996)

# Imagery

Construct pictures in your mind about material (Clark et al., 1984; Coop, 1982; Flaro, 1987; Rose et al., 1983; Warner & Alley, 1981)

---

Illustrations are unavailable

1. Read: Read the first sentence
2. Image: Make a picture in your mind
3. Describe: Describe mental picture or image
4. Evaluate: Completeness/Comprehensiveness
5. Repeat: Read next sentence & repeat steps

Provide feedback on quality of image


Results: *Greater comprehension from baseline to posttest & after training!*

## *Spatial Organization – [Graphic Organizers]*


- Organization of content from text (Boon et al., 2005; Boon et al., 2006a, 2006b; Stagliano & Boon, 2010)
- 
- Charts & diagrams
  - Explain information visually (Winn, 1987)
  - Visual-spatial displays depicted content & interrelationships (Carnine, 1986)
  - Outperformed students without displays
  - Spatial organized features related to reading/listening passage facilitated oral retelling over presentation of list of features (Mastropieri & Peters, 1987)

<http://www.inspiration.com/>

---



The logo for Inspiration Software, Inc. features the word "Inspiration" in a large, blue, serif font, with a yellow swoosh and a star above the "i". Below it, "SOFTWARE, INC." is written in a smaller, blue, sans-serif font.



A photograph of a diverse family of six, including two adults and four children of various ages, standing together and smiling. The family is positioned in the center of the advertisement.

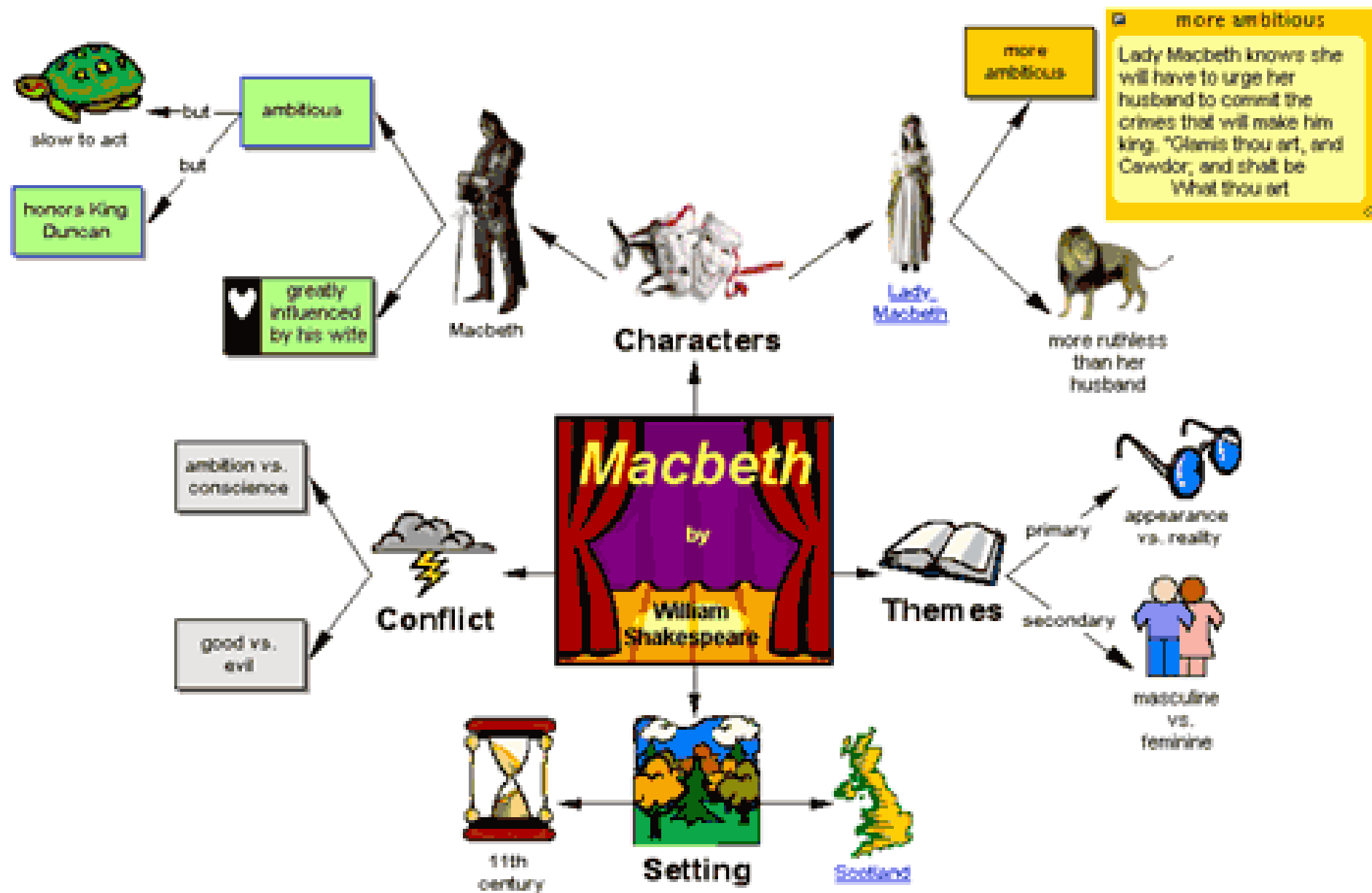
**Left Side Navigation:**

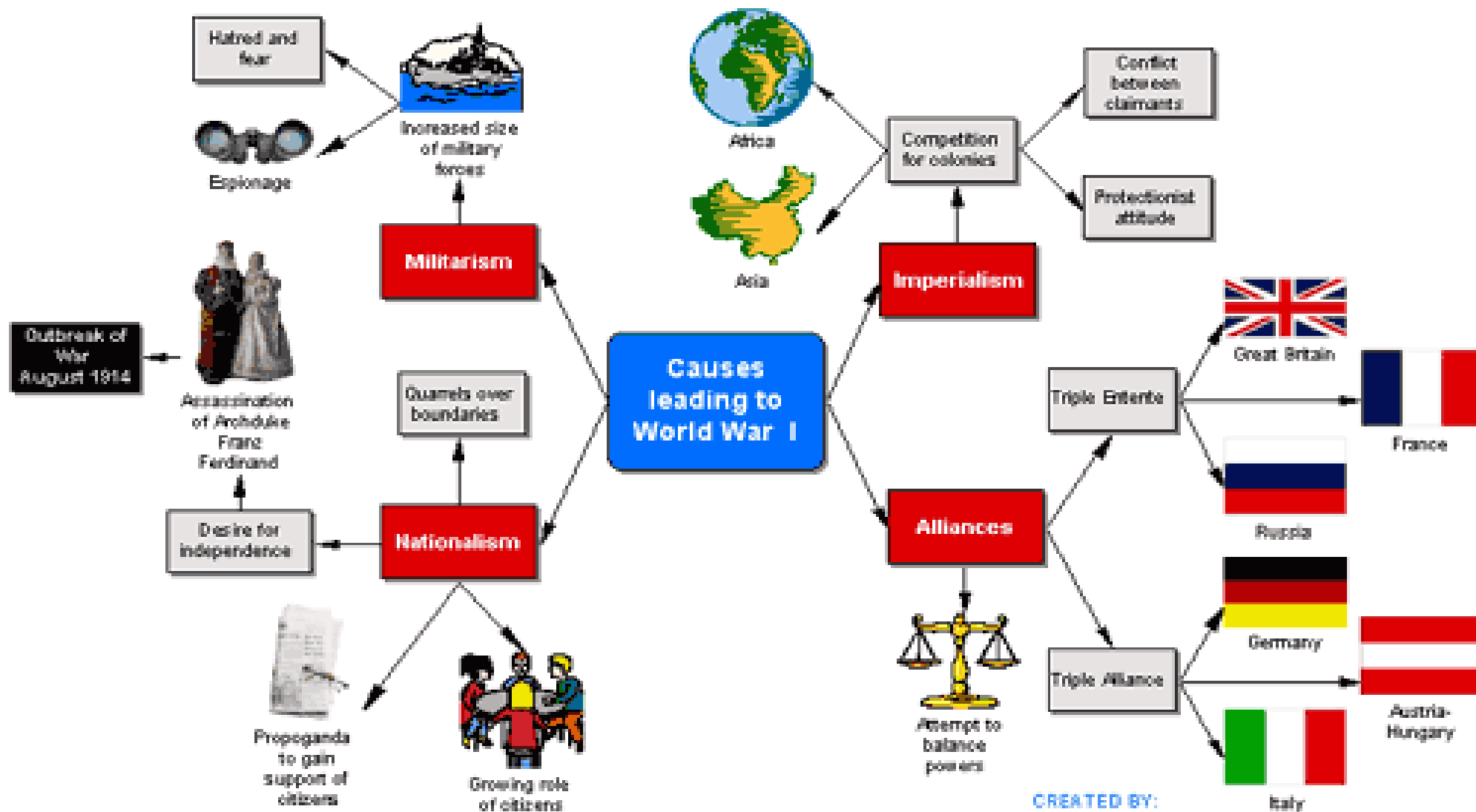
- New! InspireData™
- Inspiration® 8
- Kidspiration®
- Company Information
- Worldwide

**Right Side Navigation:**

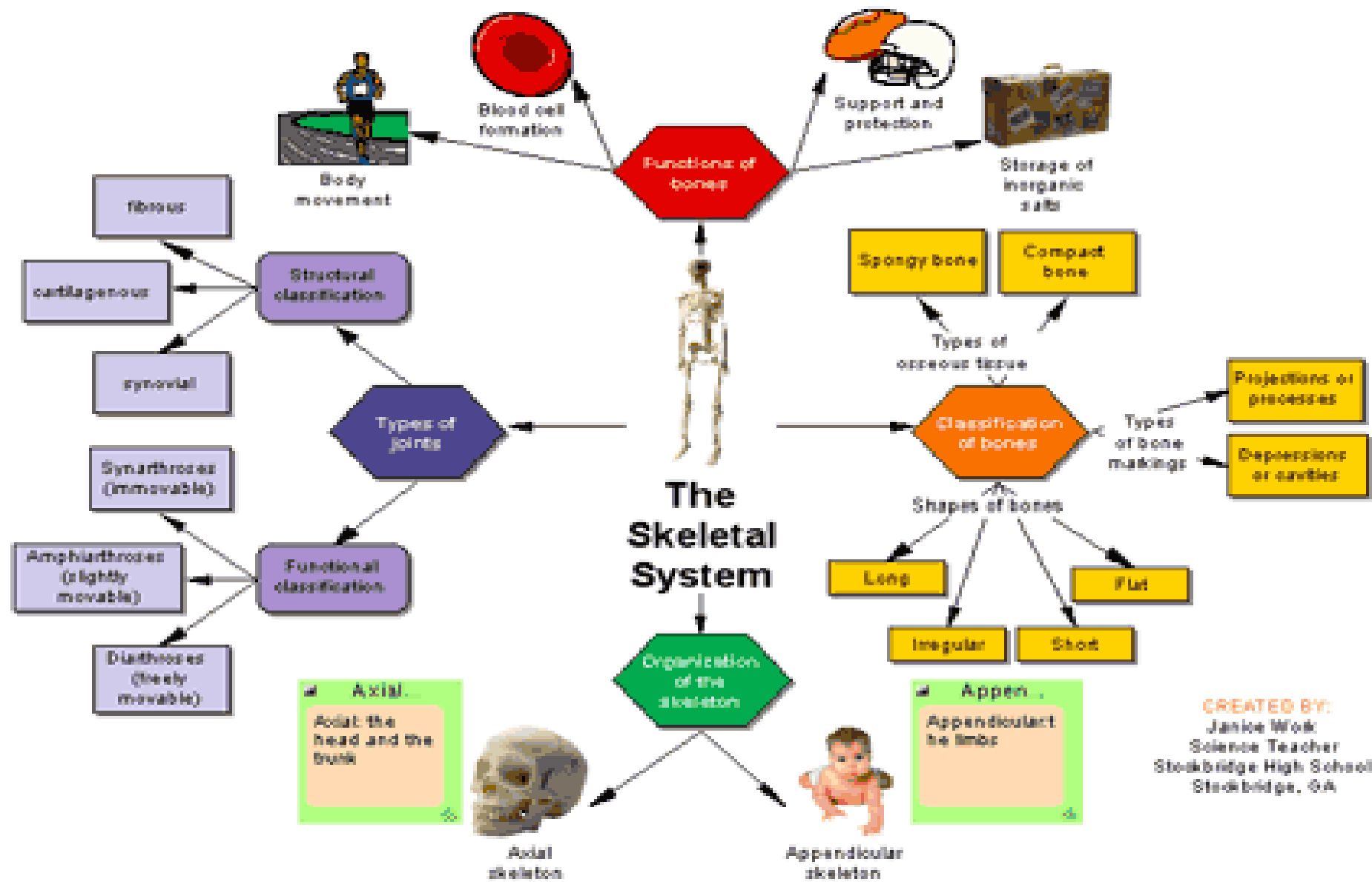
- Educator Resources
- For Business
- For Parents
- Technical Support
- Download Free Trial
- Order

*The Leader in Visual Thinking and Learning™*





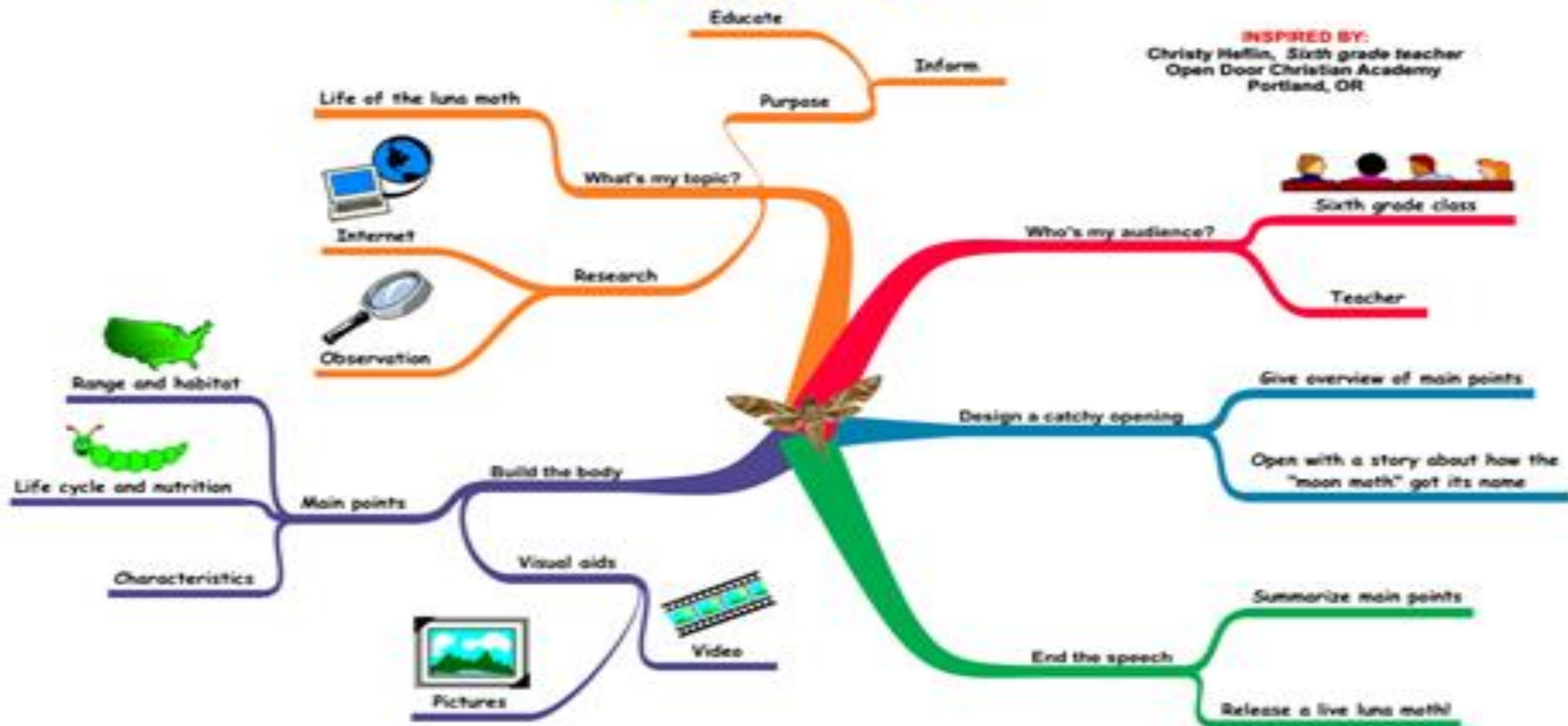
CREATED BY:  
Duncan Anderson  
Library Coordinator  
Chinook's Edge School Division  
Red Deer, AB



CREATED BY:  
 Janice Wolk  
 Science Teacher  
 Stockbridge High School  
 Stockbridge, GA

# Luna moth speech

**INSPIRED BY:**  
Christy Heflin, Sixth grade teacher  
Open Door Christian Academy  
Portland, OR





## **Luna moth speech**

### **I. What's my topic?**

#### **A. Life of the Luna moth**

#### **B. Purpose**

1. Educate

2. Inform

#### **C. Research**

##### **1. Internet**

<http://pooh.unl.edu/~scotth/samantha/moths-butterflies.html?page=luna>

<http://www3.islandtelecom.com/~oehlkew/zlunmoth.htm>

##### **2. Observation**

### **II. Who's my audience?**

#### **A. Sixth grade class**

#### **B. Teacher**

### **III. Design a catchy opening**

#### **A. Open with a story about how the "moon moth" got its name**

Tell a story that will help the audience imagine they are walking through the woods at night and see the moonlight glittering through the trees just ahead  
... or is it moonlight?

#### **B. Give overview of main points**

Central idea: Luna moths are beautiful insects that have a unique life and interesting habitat.

### **IV. Build the body**

#### **A. Main points**

##### **1. Characteristics**



Integrated  
Picture and  
Writing Views

### Where I Live

People are very nice where I live. A lot of my friends who go to my school live on my street.

**Home**  
I have lived in this same place my whole life. I always have someone to talk to because I live with Mom, Grandpa, and my sister.

**Mom**  
Mom likes to play the piano and sing songs to me. After work at school. Every Saturday Mom takes me to the market to buy vegetables and see the farmers.

**Grandpa**  
Grandpa is very old. He teaches me how when he was a boy. Grandpa tells me a lot of stories about Grandpa and Mom. He likes to read the newspaper and watch football games.

**Grandpa's cat**  
Grandpa's cat is very fluffy. Grandpa likes to take naps in the sun and watch the birds in the trees. I like to see Grandpa sleep on my bed at night.

**Sister**  
My sister is 4 years old. Her name is Ann. She likes to play with me and she likes to play with my toys. She likes to play with me when Mom is busy and she likes to play with me.

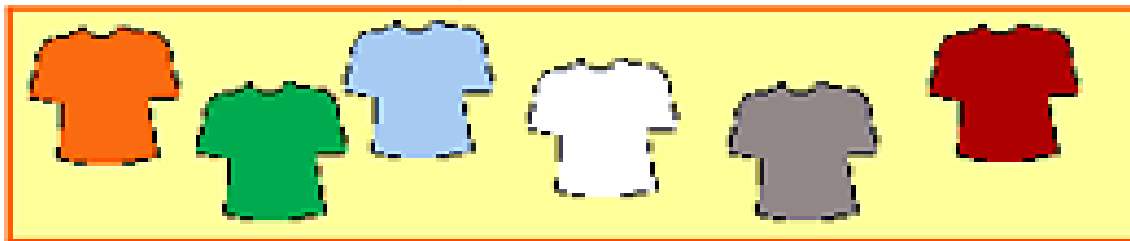
**My school**  
There are many different kinds of animals where I live.

Shanae has 4 pairs of shoes. If she gets one more pair of shoes, how many pairs of shoes will she have?



$$+ \text{ (pair of red shoes) } = 5$$

Jerry has 6 shirts. If he gives 2 shirts to his brother, how many shirts will he have?



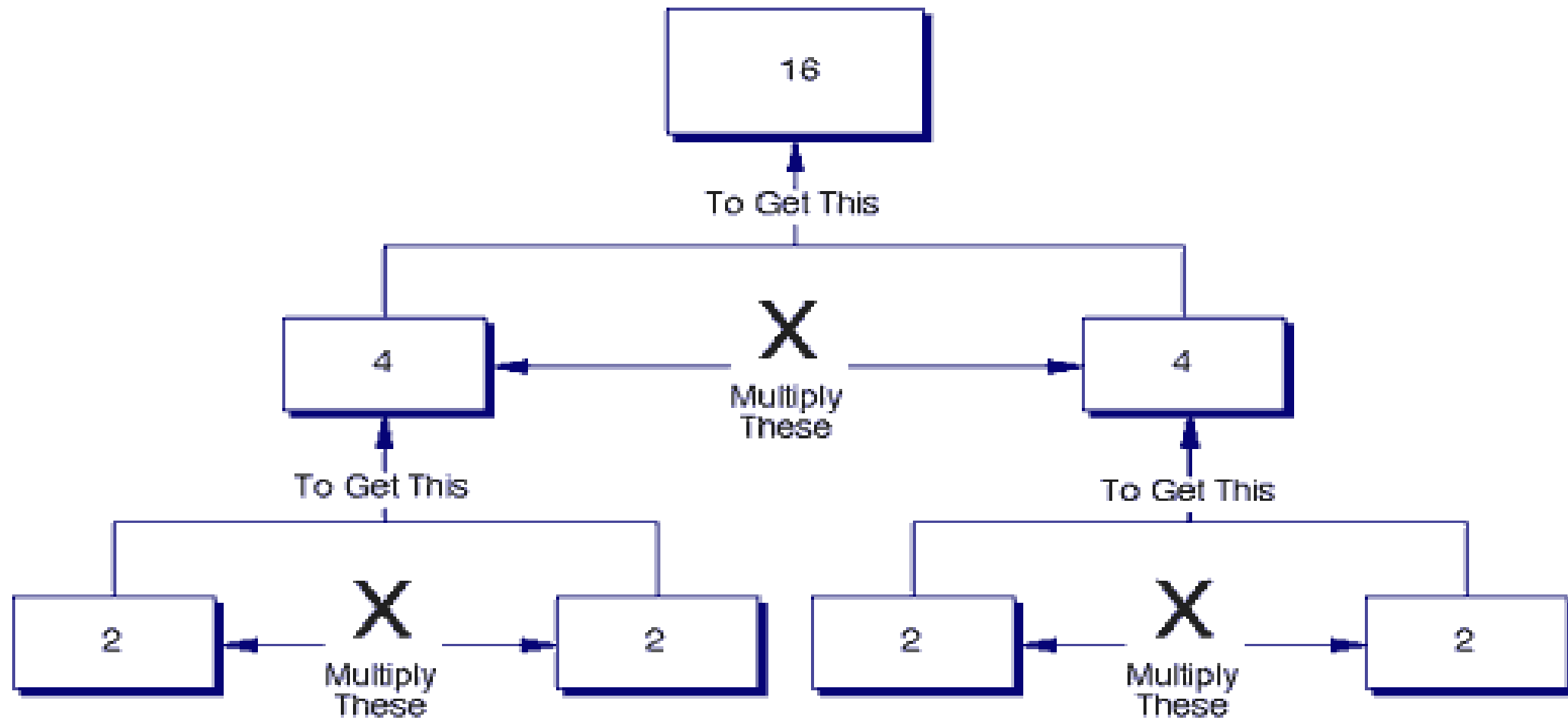
$$- \text{ (green and grey shirts) } = 4$$

Create and solve your own story problem.



$$+ =$$

# PRIME FACTORING

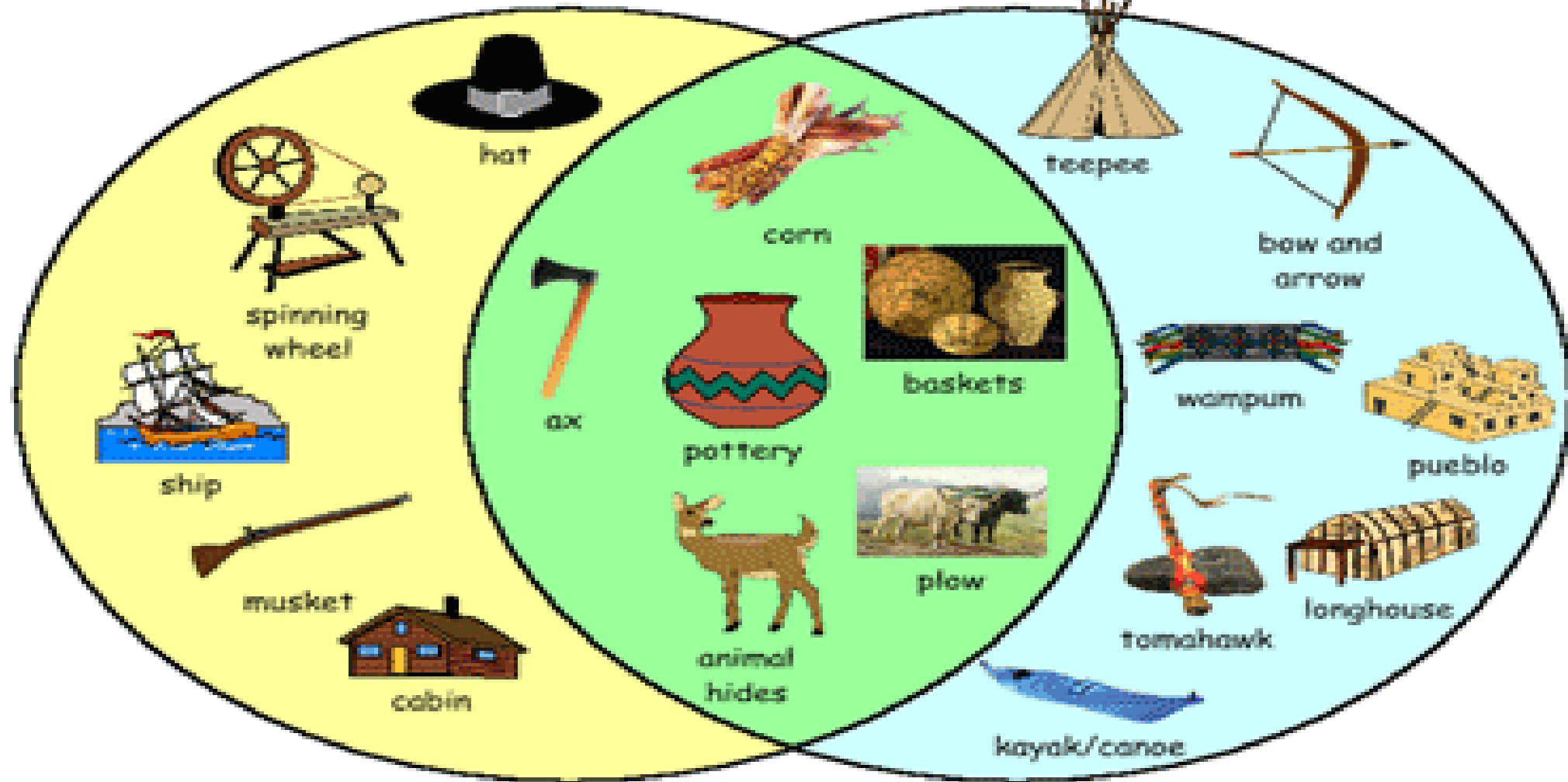


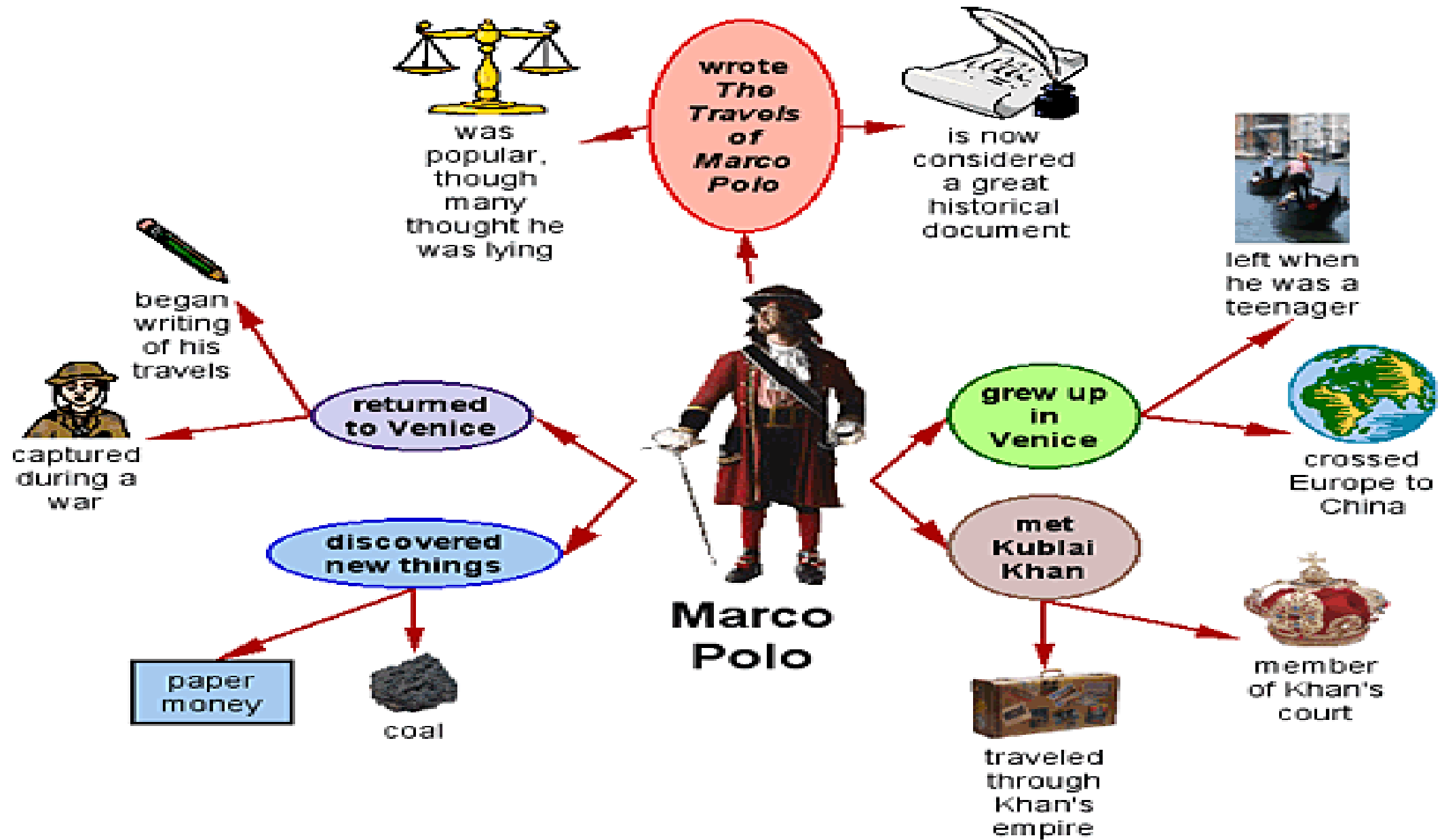
## Colonist or Native American

Were these artifacts used by the colonists, Native Americans or both?

Colonists

Native Americans





## *FREE – Graphic Organizers (I can afford that!)*

---

Bubbl.us

Cacoo

Cmap Tool

Gliffy

Diagramly

Grapholite

Lovely Charts

MindMeister

Popplet

Text 2 MindMap

## *Mnemonic Illustrations*

- Memory strategy
- Rehearse before, during, & after
- Substantially outperformed control students in learning new facts or vocabulary (Mastropieri & Scruggs, 1989)
- Promote recall by enhancing concreteness & meaningfulness (Mastropieri, Scruggs, & Levin, 1985)
- Students could be trained to generate keyword strategies enhance science text (Scruggs & Mastropieri, 1992; King-Sears et al., 1992)
- Absent from commercial textbooks (Levin et al., 1987)



# *First-Letter Strategies*

› **My Very Easy Method Just Speeds Up Naming Planets**

The planets in order: **M**ercury, **V**enus, **E**arth, **M**ars, **J**upiter, **S**aturn, **U**ranus, **N**eptune, **P**luto

---

› **My Very Eager Mother Just Served Us Nine Pizzas**

The planets in order: **M**ercury, **V**enus, **E**arth, **M**ars, **J**upiter, **S**aturn, **U**ranus, **N**eptune, **P**luto

› **Arat in the house might eat the ice cream**

The spelling of the word **arithmetic**

› **Dear Miss Sally Brown**

The main steps in long division: **d**ivide, **m**ultiply, **s**ubtract, **b**ring down

› **Does McDonald's Sell Cheese Burgers**

The main steps in long division: **d**ivide, **m**ultiply, **s**ubtract, **c**ompare, **b**ring down

› **Roy G. Biv**

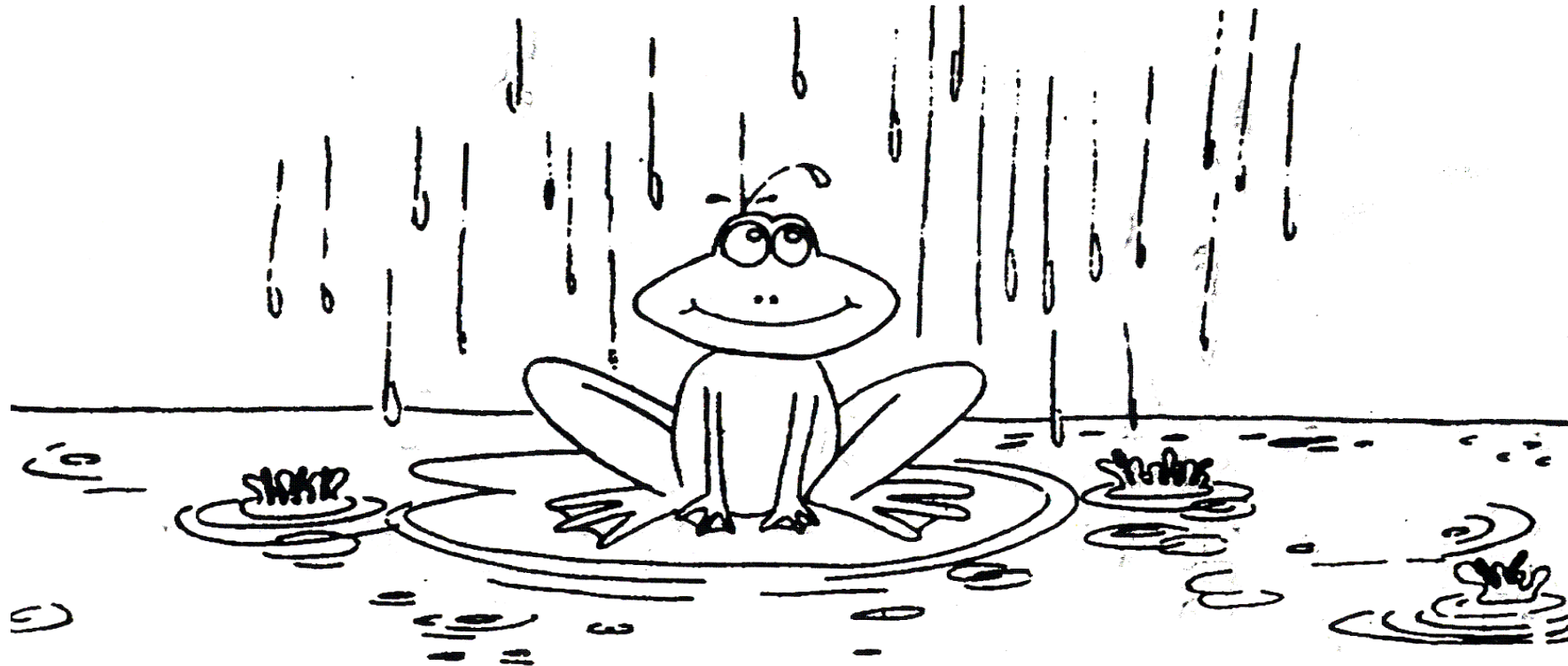
The colors of the rainbow in order: **r**ed, **o**range, **y**ellow, **g**reen, **b**lue, **i**ndigo, **v**iolet

› **Never Eat Shredded Wheat**

The sequence of directions, going clockwise: **N**orth, **E**ast, **S**outh, **W**est

**Ranid (rain)**

**Frog**



# Central Powers

(Central Park)

Turkey

Austria-Hungary

Germany



## *Self-Questioning Strategies*

- Activating prior knowledge (Sachs, 1984)
- Summarizing information (Jenkins et al., 1987)
- Redirect attributions (Borkowski et al., 1988)
- Monitor performance (Graves, 1986)
- Peer-tutoring (Fuchs & Fuchs, 2001)
- Use elaborative interrogation (Scruggs et al., 1994)
- Text-structure based strategies (Bakken, 1995)
- Multi-component training packages (Schumaker et al., 1982)

## *Activate Prior Knowledge*

- Teacher asks questions relevant to forthcoming readings
- 

Example: **What do you think this story is going to be about?**

- Teacher teaches relevant vocabulary (e.g., Frayer Diagram Model)
- Teacher teaches using graphic organizers containing main ideas of topic (e.g., Concept Map)
- Students are taught to ask questions related to forthcoming topics
- Students complete activities containing relevant questions before reading

## Brainstorming

- Another strategy for activating prior knowledge
- Prior to a lesson, present students with a major topic that will be introduced
- Ask students to generate as many ideas as possible that are related or similar to that topic

### K-W-L

Another strategy used to activate prior knowledge before reading

- “What do I **K**now about this topic?”
- “What do I **W**ant to know?”
- “What did I **L**earn?”

K.W.L. Chart

Topic: \_\_\_\_\_

K What I Already Know	W What I Want to Know	L What I Have Learned

## Meta-Cognitive Strategies - IT FITS Strategy

Helps students remember important information from science textbooks

- **I**dentify the term
- **T**ell the definition of the term
- **F**ind a keyword
- **I**mage the definition doing something with the keyword
- **T**hink about the definition doing something with the keyword
- **S**tudy what you imagined until you know the definition

## *TRAVEL Strategy*

Taught to students to develop cognitive organizers to improve comprehension and recall

- **Topic:** Write down the topic and circle it
- **Read:** Read a paragraph
- **Ask:** Ask what the main idea and three details are and write them down
- **Verify:** Verify the main idea by circling it and linking its details
- **Examine:** Examine the next paragraph and Ask and Verify again
- **Link:** When finished with the story, link all circles (Boyle & Weishaar, 1997)



# LINKS Strategy

Listen, Identify verbal cues, Note Key words, and Stack information into outline format

- Teaches students to use a two-column format for taking notes
- Main ideas on the left (e.g., names of important people, places)
- Supporting details on the right column (e.g., important attributes or characteristics)

Title (broad topic)	
Main Idea	Details
<ul style="list-style-type: none"><li>Slide titles</li><li>Cues</li><li>Diagrams</li><li>Prompts to help you study</li></ul>	<ul style="list-style-type: none"><li>Record details for each main idea</li><li>Concise sentences/thoughts</li><li>Short hand symbols (&amp;, --&gt;, =, etc.)</li><li>Abbreviations (w/, b/c, etc.)</li><li>Lists</li><li>Draw a line across the page when you change main ideas</li></ul>
WHEN: During note taking and/or during review	WHEN: During note taking
Summary	
<ul style="list-style-type: none"><li>Biggest ideas</li><li>Quick reference info</li></ul>	WHEN: During review

Cornell Two-Column Notes	
Keywords:	Notes:
	<b>Types of Matter</b>
Solids	I. Solids A. Have a definite shape B. Have a definite volume
Liquids	II. Liquids A. Do not have a definite shape B. Have a definite volume
Gases	III. Gases A. Do not have a definite shape B. Do not have a definite volume
Summary: (Insert summary of lecture after class.)	

## *Peer-Tutoring*

- Highly recommended strategies to promoting achievement among diverse learners (Delquadri et al., 1986)

---

- Entire class divided into pairs of students
- Alternate tutor/tutee roles to master basic academic skills
- Increase time-on-task (Hall et al., 1982)
- Successful programs have been established in reading (Mathes et al., 1994), mathematics (Fuchs et al., 1995a, 1995b), & spelling (Maheady & Harper, 1987)

# *Types of Peer-Tutoring Programs*

## Same-Age Tutoring:

---

- Students more skilled in content-areas tutor less skilled students
- Pairs of students can alternate tutor/tutee roles (drill one another on flash cards)

## Cross-Age Tutoring: older students tutor younger, lower functioning students

- For example, high school students tutoring elementary students

General Education & Special Education Tutoring

Special Education & Special Education Tutoring

## *Cooperative Learning*

- Students work in small group to collaboratively complete group activities (4-6)
- 
- Promotes inclusive education of diverse learners (Johnson & Johnson, 1986)
  - Increased achievement (Johnson et al., 1981)
  - Improved attitude toward subject matter (Slavin & Karweit, 1985)

## *JIGSAW Strategy*

- Students contribute to a component of a larger task
- 
- Compiled and presented to the class

### Example:

Presentation of Dr. Martin Luther King

Early life (Latanya)

Civil Rights Movement (Melissa)

Material from King's speeches (Susan)

Information about King's assassination (Gary)

Group meets to cooperatively compile information learned!


## *Cooperative Learning: The FOSS Model (A Model for Activities-Oriented Approaches)*

Four students work together and take turns with different roles to complete particular science activities.

---

- One student is the **Reader**. The **Reader** reads all print instructions, ensures that all students in the group understand the task, and summarizes the activity for the group.
- One student is the **Recorder**. The **Recorder** is responsible for recording all the data, including observations, predictions, and estimations. This would involve using pens, pencils, and the appropriate chart and graph paper.
- One student is the **Getter**. The **Getter** is responsible for getting all of the necessary materials and for retuning all of the materials at the conclusion of the activity. This would involve walking and carrying equipment, such as trays, microscopes, water, slides, pans, and eye droppers.
- One student is the **Starter**. The **Starter** begins the manipulations of the materials, supervises the assembly of materials, and ensures that all group members have equal opportunity at using the hands-on materials.

## *Teacher Roles & Responsibilities*

- Moving around the room & monitoring activities
- 
- Monitor on-task student behaviors
  - Intervene to demonstrate appropriate behavior
  - Assist with tasks or demonstrate procedures
  - Teach collaborative skills to successfully complete task
  - Provide closure to the lesson
  - Restate objectives
  - Summarize major points
  - Have students provide examples & answer final questions
  - Systematically evaluate student performance
- 

## *Elaborative Interrogation*

- Coached students through reasoning processes (Anteaters!) (Scruggs et al., 1994; Scruggs et al., 1993; Sullivan et al., 1996)
- 
- Facilitate recall of text-based information by promoting active reasoning
  - Less effective performed independently facilitating recall & comprehension (Mastropieri et al., 1996)
  - Higher in ability to explain recalled information



Experimenter: Anteaters have long claws on their front feet. Why does this make sense:

Students: I don't know.

---

E: Well, let's think. What do you know about anteaters? For example, what do they eat?

S: Anteaters eat ants.

E: Good. And where do ants live?

S: They live in holes in the ground.

E: Now, if anteaters eat ants, and ants live in holes in the ground, why do you think that anteaters have long claws on their feet?

S: To dig for ants.

E: Good. To dig for ants (translated from Mastropieri, 1995, p. 122-123).

## *Promote Self-Generated Questions*

- Reading comprehension strategies that require students to self-question before, during, and after reading!
- Promote **meta-cognition** – the awareness of one's own cognitive processes and how they can be enhanced
- Asking questions about reading material helps to promote thinking about the information, thus facilitating comprehension

### Summarize and paraphrase

- Teach students to delete irrelevant and redundant information
- Teach students to use their own words

### The **RAP** strategy

- **R**ead a paragraph
- **A**sk yourself what the paragraph was about
- **P**ut the main idea and two details in your own words

# SQ3R



## Survey

- Use skimming technique.
- Look at headings, sub-headings, first and last paragraphs and first sentences.
- Look at any photos, illustrations or diagrams.



## Question

- Read through the text.
- Ask: What? When? Why? Where? Who? How?



## Read

- Read all the text for understanding.
- Highlight key words or facts.
- Make notes.



## Recite

- Recite the information out loud.
- Repeat a few times.



## Review

- Revisit the information after:
  - 1 day
  - 1 week
  - 1 month

# *Common Features Across Instructional Strategies*

1. Use clear objectives
2. Specific sequence for teaching

---

  - **Objective of the Lesson**
  - **Presentation of Information**
  - **Guided practice**
  - **Independent Practice**
  - **Formative Evaluation**
3. Inform the importance the strategy
4. Monitor performance
5. Encourage questions that require students to think about strategies & text
6. Encourage appropriate attributions
7. Teach for generalized use of the strategy
8. I Do, We Do, You Do - YouTube

---

Questions?

